

PTA-SPONSORED ENRICHMENT PROGRAMS

FALL SESSION 2015

Registration Deadline is 12 Midnight on Sunday, September 27 – Absolutely NO EXCEPTIONS!!!

ALL REGISTRATIONS MUST BE COMPLETED AND PAID FOR ONLINE AT www.p4sso.com
NO PAPER APPLICATIONS OR CHECKS WILL BE ACCEPTED

Name of Program	Grades	Time	Day of Week	Start Date	Classes/Session	End Date	Cost
Basketball	K-6	4:10-5:10pm	Monday	10/5	7	11/30	\$85
Cheerleading	K-6	4:10-5:10pm	Monday	10/5	7	11/30	\$85
Kids Run the Nation*	2-6	8:15-9:15am	Tues/Fri	10/6	13	12/4	\$125
Hip-Hop/Zumba Infusion	K-5	4:10-5:10pm	Tuesday	10/6	8	12/1	\$105
Ping Pong	3-6	4:10-5:10pm	Tuesday	10/6	8	12/1	\$110
Beading	K-3	8:15-9:15am	Wednesday	10/7	8	12/2	\$150
Mad Science	1-3	4:10-5:10pm	Wednesday	10/7	8	12/2	\$125
Guitar	3-6	4:10-5:10pm	Wednesday	10/7	8	12/2	\$150
Chess	K-6	4:10-5:10pm	Thursday	10/8	13	1/21	\$185
Soccer Shots	K-2	4:10-5:10pm	Thursday	10/8	8	12/3	\$115
Kids Run the Nation*	2-6	8:15-9:15am	Tues/Fri	10/6	13	12/4	\$125
YMM Art	K-3	4:10-5:10pm	Friday	10/16	6	12/4	\$110

No classes on the following teacher workdays, school holidays, and early release days:

Mondays: 10/12, 11/2

Tuesday: 11/3

Wednesday: 11/25

Thursday: 11/26

Fridays: 10/9, 10/30, 11/27

* Kids Run the Nation: Also no class on Tues 10/13

Mondays

BASKETBALL from One on One Basketball (Grades K-6) Dribble, shoot, and score with One-on-One Basketball! Children learn basketball skills and techniques to include passing, shooting, dribbling and other fundamentals using fun games, drills and contests. The one hour sessions combine fundamental skills instruction and organized team competition with the goal of providing an enjoyable and educational after school athletic event. 4:10–5:10 pm; Min. 12 – Max. 20. Coordinator: Radha Thiagarajan at radha.th@gmail.com

CHEER-IT WITH SPIR-IT CHEERLEADING from Overtime Athletics (Grades K-6) Take your spirit to a higher level! Learn routines, cheers, motions and jumps that promote teamwork, fitness and FUN. We'll work on basic gymnastics and dance movements (under supervision of instructors). Cheers include: Who Rocks the House, G-O Yell GO, Dynamite, and many more. You'll even get to make up your own cheer! 4:10–5:10 pm; Min. 8 – Max. 30. Coordinator: Radha Thiagarajan at radha.th@gmail.com

Tuesdays

KIDS RUN THE NATION! (Grades 2-6) This is a national running program developed by the Road Runners Club of America. Coached by avid runner and marathoner Mrs. Lynch, this co-ed running program for grades 2-6 will participate in weekly group runs, increasing the distance over the course of the program, all while learning about pacing, nutrition and goal setting. The training program will culminate with the Jingle Bell 5K in Arlington, VA on December 5. Race fees are included in the registration price. MORNINGS: 8:15–9:15 am Tuesdays & Fridays; Min. 10 – Max. 20. Coordinator: Gretchen Lynch at Gretchen.LiechtyLynch@fcps.edu

HIP-HOP/ZUMBA from Kids in Motion (Grades K-5) Offered by Kids in Motion, Hip-Hop/Zumba Infusion dance class is for kids in grades K-5. This is a high energy, exciting dance class specifically designed for children, with an emphasis on Latin and Hip-Hop music and moves. Classes are set up with kid friendly music, movements, and routines. Hip Hop/Zumba Infusion is a great fit for children and it creates an environment of excitement around being healthy and active! Dance instructors are certified Zumba Kids instructors through Zumba International, which certifies them to teach 4-12 year old children, or they are experienced Hip Hop instructors. All instructors receive further training through Kids in Motion lead dance instructors. 4:10–5:10 pm; Min. 8 – Max 18. Coordinator: Seema Patel at patels2002@yahoo.com

PING PONG from Ping Pong Panda (Grades 3-6) Come join us for this table tennis class featuring Coach Joe. Games to improve hand-eye coordination, ping pong grips (handshake), ready position, forehand, backhand and serve will be taught in the classes. Ping Pong Panda has a range of modified and full size equipment that will be used including rackets, tables and balls. A Ping Pong Tournament will be held at the end of session. Both new and returning players are welcome to sign up. For more information go to <http://www.pingpongpanda.net/>. 4:10–5:10 pm; Min. 5 – Max 24. Coordinator: Tyra Wolfsberg at tyrawolfsberg@yahoo.com

Wednesdays

BEADING from Bead Creative Kids! (Grades K-3) Let your fashion creativity go wild! Join us in these classes to make a variety of wearable jewelry featuring beads, stones, and crystals. Students will learn fundamental jewelry making skills using tools. Classes are suitable to grades K-3 and carefully designed to combine crafts, math concepts, eye-hand coordination and, of course, creativity through jewelry making. All our materials are lead free and non-toxic to children. For more information, go to http://www.beadcreativekids.com/Bead_Basic/Bead_Basic.html. MORNINGS: 8:15 – 9:15 am; Min. 5 – Max 16. Coordinator: Tyra Wolfsberg at tyrawolfsberg@yahoo.com

FUNKY FORCES from Mad Science (Grades 1-3) Through the course of Funky Forces and more, children will play engineer, chemist—and stunt pilot! Children will investigate physics fundamentals and bring their scientific minds to basic magic tricks. Your Mad Scientists will be shocked by what they learn about electricity, blown away by their experiments with air pressure, and swept away by the excitement of working with waves!. 4:10–5:10 pm; Min. 15 – Max. 20. Coordinator: Tatyana Tsvetovat at tatyana.tsvetovat@gmail.com

GUITAR CLUB from FineArtsMatter (Grades 3-6) Join Guitar Club this year and get your hands on a real acoustic guitar! Our experienced and encouraging teachers do a great job with both beginning and advanced students. Each session includes a brand new set of awesome songs to learn as we get ready for the Big Show! But Guitar Club isn't just cool...Learning an Instrument instills Self-Confidence, develops Attention Spans, improves Academic Achievement, encourages Social Skills and Teamwork. There will be a performance on the last day of class. 4:10–5:10 pm; Min. 5 – Max. 14. Coordinator: Radha Thiagarajan at radha.th@gmail.com

Thursdays

CHESS from Silver Knights (Grades K-6) Learn chess from a Silver Knights Chess coach! We teach more than 3,500 children each week. State and national champions have come from our programs, but most of our students are just looking to have fun! Class time is split between lesson and play. Lessons range from learning the rules to advanced tournament strategies, depending on the children. Play time is structured to pair each student against an opponent of similar skill. All grades and skill levels are welcome. Silver Knights will supply all the equipment during chess club. Students will have the opportunity to play in tournaments. NOTE THAT LAST DAY FOR THIS CLASS IS JAN 21. 4:10–5:10 pm; Min. 10 – No Max. Coordinator: Radha Thiagarajan at radha.th@gmail.com

SOCCER from SoccerShots (Grades K-2) This program is for children who are new to soccer or who want to build upon what they have learned in Soccer Shots Classic. Focusing on individual skill, fitness, and sportsmanship, each session provides an opportunity for kids to be challenged through fun games and team competitions. Children will also be introduced to tactical elements of the game as they prepare to play on competitive teams. 4:10–5:10 pm; Min. 6 – Max. 12. Coordinator: Tatyana Tsvetovat at tatyana.tsvetovat@gmail.com

Fridays

KIDS RUN THE NATION! (Grades 2-6) This is a national running program developed by the Road Runners Club of America. Coached by avid runner and marathoner Mrs. Lynch, this co-ed running program for grades 2-6 will participate in weekly group runs, increasing the distance over the course of the program, all while learning about pacing, nutrition and goal setting. The training program will culminate with the Jingle Bell 5K in Arlington, VA on December 5. Race fees are included in the registration price. MORNINGS: 8:15–9:15 am Tuesdays & Fridays; Min. 10 – Max. 20. Coordinator: Gretchen Lynch at Gretchen.LiechtyLynch@fcps.edu

YMM ART CLASS from YMM Art Space (Grades K-3) The Fall Paddy class helps students learn skills necessary for independent artistic creation. It's a great way for children to start researching different aspects of art. Under the guidance of our teachers, kids will try a variety of artistic techniques in various media. Each project is different, all aiming to strengthen children's interest in art. Children in our Fall Paddy class are free to experiment with different ways of creating art. After experimenting with different media, each child may choose a focus. Our classes further develop their interests in art. They will express themselves in different ways, laying a strong foundation for their future artistic career. Gouache, watercolor, life-drawing, inking, sculpting, arts & crafts, and more. 4:10–5:10 pm; Min. 5 – Max 14. Coordinator: Seema Patel at patels2002@yahoo.com

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Remember to review and edit your child's grade assignment for the 2015/16 school year.

The PTA uses an online-only system for registration and payment, called Pay4SchoolStuffOnline. To use this system:

1. Go to www.pay4schoolstuffonline.com (or p4sso.com for short).
- If you have already created an account and entered each student, skip to step 6.
2. Under the "Parents" tab, click on the "Get Started Now" button.
3. On the first screen, enter your contact information.
4. On the second screen, add your student, assign him/her to Freedom Hill Elem., and select his/her grade.
5. Repeat step 4 to add additional students to your account.
6. To see the options available for purchase, including Fall enrichment programs, SELECT the student by name.
7. Add the desired enrichment program(s) to your cart. You will be required to fill out contact information for **each** program that you register for.
8. At checkout, use any major credit card or debit card to complete your purchase.

Please note—you must register each child separately.

For additional instructions on using p4sso, follow the *CLICK HERE TO LEARN MORE* link at the top of each page.

You will be able to see how many spots are still available for each class. Once a class fills up, a waitlist will be created. **Don't procrastinate—some classes fill quickly!**

Refunds (less a **\$15 processing fee**) are available before a class begins, assuming we still have enough students to go forward with the class. No refunds will be offered once a class begins.

Each year, the PTA will provide a one-time **\$100 scholarship** to any class for PTA members with a financial need. For more information, please contact Tyra Wolfsberg at tyrawolfsberg@yahoo.com.

Parents can register for classes on the computers in the Freedom Hill school library between 9 am - 4 pm on school days, as well as on computers in public libraries.

Please note that all children not attending SACC must be picked up promptly at the time the class ends. If a child is picked up late more than once, the instructor has the right to expel the child from the class. No refunds will be given. Furthermore, children are expected to behave and fully participate in class. Should a child's behavior be disruptive to class, the instructor has the right to exclude the child from participating in the remaining sessions. In this event no refund will be given.

Questions? Contact Tyra Wolfsberg at tyrawolfsberg@yahoo.com