



June 2016

Healthy Students, Healthy Schools, Healthy Communities

FAIRFAX COUNTY HEALTH DEPARTMENT
SCHOOL HEALTH SERVICES HEALTH PROMOTION

HP UPDATE 4U

An online resource for Fairfax County Health Department's School Health Program and Fairfax County Public Schools

SUMMER SAFETY

“This Summer Think Safety” is the health promotion goal for this summer. Summer is a great time to be outside, swimming, bike riding and to enjoy various exciting summer activities. Sometimes you can get too much of a good thing — too much sun, too much heat or too many bugs. Be sure to put safety first and take the necessary precautions for a safe and fun summer.

Think about some fun things to do with your students in the classroom and at recess this spring to raise their awareness about the importance of summer safety. Get started today! June’s Health Promotion message is:



Below is the link to **morning announcements, newsletter articles and copies of the poster** for this month’s Health Promotion message. Each school health room is provided three copies of the monthly poster by your Public Health Nurse (PHN). If you would like additional copies to hang in the school, please contact a Public Health Nurse.

School Public Health Nurses are available to participate in health and wellness events at your school and can provide entertaining and interactive classroom lessons for Hand Washing, Dental Health, Nutrition, Five Senses and Physical Activity. Please contact a School PHN if interested. Below is contact information for the Health Promotion Specialists.

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www.fairfaxcounty.gov/hd/schoolhealth/toolkit.htm

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