

Crazy Socks Day

There is nothing better than showing off your super fun socks and sneakers!

## Tuesday

Twin Day

Find a buddy and match! It's always more fun to exercise with a buddy!

## Wednesday

Neon Day

Pedestrian safety is wearing bright colors while walking so you can be seen!

## Thursday

Hat Day

Wear a hat to protect yourself from the sun while walking or playing!

## **Friday** Red and White Day